

“I FIRMLY BELIEVE THAT ANY MAN’S FINEST HOUR IS THAT MOMENT WHEN HE HAS WORKED HIS HEART OUT IN A GOOD CAUSE AND LIES EXHAUSTED ON THE FIELD OF BATTLE, VICTORIOUS.”

VINCE LOMBARDI said that, and every day San Diego Chargers players read that quote when they enter their locker room – ready to go to work.

Many NFL teams post messages or quotations like this in their locker rooms to provide their players with added motivation and inspiration. The messages cover everything from basic work ethic to philosophical mindsets.

A sampling of quotes that hang on the walls of NFL locker rooms:

TEAM	MOTIVATIONAL MESSAGE
Cincinnati Bengals	“Why do we dread adversity when we know that facing it is the only way to become stronger, smarter, better?” – John Wooden.
	“Success does not merely depend on how well you do the things you enjoy, but how conscientiously you perform those duties you don’t.”
Cleveland Browns	“If you want to win you’ll find a way. If you don’t, you’ll find an excuse.”
Houston Texans	”Individuals play the game, teams win championships.”
	“Accountability, can my teammates count on me?”
	“No excuses.”
	“Deeds not words.”
Kansas City Chiefs	“Share the commitment.”
Miami Dolphins	“If you want something you’ve never had, you’ve got to do something you’ve never done.”
Minnesota Vikings	“If you are not the lead dog, the view never changes.”
	“Knowledge is confidence.”
New York Jets	“Check your ego at the door.”
San Diego Chargers	“Teamwork is the ability to work together toward a common vision. The ability to direct individual accomplishment toward organizational objectives. It is the fuel that allows common people to obtain uncommon results.”
	“The race is not always to the swift but to those who keep on running.”
	“No one can predict to what heights you car soar. Even you will not know until you spread your wings.”
	“The ultimate measure of a man is not where he stands in the moments of comfort and convenience, but where he stands at times of challenge and controversy.” – Dr. Martin Luther King.



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