



RAY’S STILL TRUCKIN’

He played for the Washington Redskins the *first* time **JOE GIBBS** coached them...and he’s *still* playing!

At 42, **RAY BROWN** will be a backup guard-tackle for the Redskins, which would make him the oldest offensive linemen in modern-day NFL history (post-World War II). In fact, Ray has been around so long, some of his teammates have never even heard of his first NFL team.

"I didn't know there was a St. Louis Cardinals," says Washington linebacker **MARCUS WASHINGTON**, shaking his head in wonder when told where Brown’s lengthy career began (1986).

Redskins assistant head coach **JOE BUGEL**, who led Washington’s legendary offensive line of the 1980’s (“The Hogs”), describes Brown as, “A marvel; a freak of nature. He can probably play until he’s 50 years old.”

Gibbs, who believes Brown’s most important contribution is inspiration, said Brown is “a real stabilizing factor. I think the younger guys look up to him.”

"It's crazy Ray's playing tackle at 42," agreed tackle **CHRIS SAMUELS**, who is only 27 years old. “People talk about Jerry Rice or Darrell Green playing at 42, but Ray's in the trenches. I know how my body feels after a game. I can’t believe he’s still doing it. During practice, Ray will say, 'C'mon, guys, it's a great day to work.' Hearing that from a guy who has been around that long motivates me.”

To what does Brown attribute his longevity? He recommends Pilates, which he believes have helped his flexibility and resiliency. He also favors organic foods, which are void of pesticides and preservatives, and appreciates a nice glass of Merlot. But most of all he credits his loved ones.

"I've been fortunate," says Brown. "I'm healthy and I have a great support network. My family and friends are always encouraging me to keep going. I never thought I'd be playing football at 42. I've been blessed, I truly have.”

Ray Brown's career and the oldest active NFL players at each position as of Kickoff Weekend 2005:

YEAR(S)	TEAM	POSITION	PLAYER	AGE
1986-87	St. Louis Cardinals	K	John Carney	41
1988	Phoenix Cardinals	P	Darren Bennett	40
1989-95	Washington	DE	Marco Coleman	35
1996-2001	San Francisco	DT	Ted Washington	37
2002-03	Detroit	LB	Junior Seau	36
2004-present	Washington	S	Bracy Walker	34
		CB	Deion Sanders	38
		G	Chris Gray	35
		T	Ray Brown	42
		C	Kendall Gammon	36
		TE	Dave Moore	35
		WR	Jerry Rice	42
		RB	Fred McAfee	37
		QB	Doug Flutie	42

NFL NICKNAMES

Almost everybody in an NFL locker room has one – a nickname. Whether it is handed down from childhood, coined in high school or college, or labeled on the first day of training camp, nicknames are a strong part of the NFL culture.

Fifteen of the more notable NFL nicknames:

PLAYER	NICKNAME	DERIVATION
49ers DT Anthony Adams	Double ‘A’	Teammates say he keeps moving like the Energizer battery.
Eagles LB Keith Adams	The Bullet	Runs down field as fast as he can and zeroes in on his target.
Packers LB Nick Barnett	Nick Beats	His hip-hop mixing and DJ ability.
Eagles RB Correll Buckhalter	The General	After General Albert Buckhalter from the TV show "Hogan's Heroes."
Bucs DT DeVone Claybrooks	Headquarters	The size of his head.
Texans CB Demarcus Faggins	Petey	Grandmother thought he looked like the dog from Little Rascals.
Chiefs LB James Grigsby	Boomer	Been called that by his grandmother since birth.
Ravens LB Ray Lewis	Sugar Ray	His ability to deliver the big hit.
Giants QB Eli Manning	E	“E” as in easy for his calm demeanor.
Redskins WR Darnerien McCants	Renaissance Man	An avid artist and music aficionado.
Bills CB Terrence McGee	Game Day	Always ready to play on game day.
Redskins T Jim Molinaro	Soprano	Looks like he should be on the TV show Sopranos.
Eagles DE Sam Rayburn	Truck Driver	Due to his blue collar attitude and work ethic.
Vikings LB Donterrious Thomas	Reindeer	Running form has a gallop.
Titans S Clevan Williams	Tank	Family thought he should have a tank of milk instead of a bottle.

