

**Michael Boulware**  
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**(On Ken Lucas...)** “Ken is a big playmaker. He was big playmaker here at Seattle and he is one at Carolina. I know Ken knows our offense well and that was one of the advantages that he had when he played for us is that he studied the game very well and he knew what was coming. So I know he’ll be prepared for our game and his athletic ability with that knowledge is going to be dangerous.”

**(On first year guys this season and their impact...)** “I think Lofa (Tatupu) and Leroy (Hill), they have been the difference makers on our team, along with a lot of other guys. They haven’t been selfish at all and they have worked very, very hard and I’m really proud of what they’ve done and how they have handled their success.”

**(On them being the difference this year...)** “I think it’s been a big difference. Just their work ethic and the fact that we don’t have as much bickering going on, that has been huge this year.”

**(On when he stopped looking at them as rookies...)** “I think we still look at them as rookies, but when you start making plays early in the year we knew he was going to be a great player. I noticed it back in training camp. The defense seemed to work so much smoother when he was in there calling plays and making calls and making checks. It was unbelievable back in training camp.”

**(On if there was a point last year where he felt less like a rookie...)** “I would say it was about mid-season this year when I felt like I belonged. Last year I was just trying to enjoy being on the team and try to do what I can not to be the reason why we lost. This year I’ve been able to relax a little bit and hopefully be a part and help out a lot.”

**(On how to contain Steve Smith and Jake Delhomme...)** “I think it’s going to be a team effort. I don’t think that any one person is going to be able to stop them. I think we’re going to have to cover them but at the same time our D-line is going to have to get pressure. I think a combination of both we should be alright.”

**(On how focused the team is...)** “We are really focused and I don’t think any one word describes it. I think the tempo and the feeling you get around us can describe it more so than words.”

**(On preparing in a different kind of week...)** “For a lot of guys on our defense we’re really young so we haven’t been in a situation before as far as playoffs so we’re taking it like any other game as far as our preparation. But, at the same time we know that this is our last opportunity so it’s win or go home. We’re definitely putting everything we have into it. As far as doing anything different or any different routine, there is nothing different going on its just the intensity level is a lot higher.”

**(On how loud it is at Qwest Field...)** “It’s the loudest stadium I’ve been in and I’ve played in Death Valley and Clemson, the Swamp down in Florida and it doesn’t even compare. Our fans are tremendous and they do an excellent job, especially from a defensive perspective, it rattles the offense and it’s a great advantage for the Seahawks.”

**(On how much of the week has been devoted to Steve Smith...)** “I wouldn’t say any more than any other week. He is an exceptional player, but you can’t overlook the other players. Jake Delhomme does a great job of not only getting the ball to 89, but to his other players as well. We know Steve Smith and we definitely have to take care of him, but there are other players that we have to focus on as well.”

**(On how they go about taking care of it...)** “I think its going to take a team defense. In the secondary, we’re going to have to do the little things right. Making sure we don’t get our eyes caught in the backfield but at the same time we need help from our D-line getting pressure. I think a combination of us covering and their pressure we should be ok.”